Anticipating Tipping Points: Theoretical and Practical Considerations

Fabian Dablander

Postdoctoral Researcher Institute for Biodiversity and Ecosystem Dynamics Institute for Advanced Study University of Amsterdam

Frontiers in Early Warning Signals Research Workshop Kaiserslautern 17th May, 2024

CHANGING SYSTEMS



Statistical, Causal, and Dynamical Perspectives

FABIAN DABLANDER







Austria

Netherlands

deVolkskrant

Opinie: Een geslaagde energietransitie begint met minder in plaats van meer

nrc)

Een optimistisch klimaatverhaal kunnen we goed gebruiken, maar het moet wel kloppen

Onze leiders doen veel te weinig voor het klimaat. Daarom zijn wij nu zelf aan zet

Het Parool

Opinie: 'Er is geen koolstofbudget meer voor rijke landen, stop met koolstofgraaien'

nature

Scientists skip COP28 to demand climate action at home



More than 1,000 climate scientists urge public to become activists







Barriers to climate change engagement Effects of social movements (Overcoming barriers) to sufficiency



Outline

A brief history Theoretical considerations Practical considerations

Example from Epidemiology

Conclusion & Discussion



Defining tipping points for social-ecological systems scholarship—an interdisciplinary literature review

Manjana Milkoreit¹, Jennifer Hodbod^{2,11}, Jacopo Baggio³, Karina Benessaiah⁴, Rafael Calderón-Contreras⁵, Jonathan F Donges^{6,7}, Jean-Denis Mathias⁸, Juan Carlos Rocha⁷, Michael Schoon⁹ and Saskia E Werners¹⁰

"A tipping point is a threshold at which small quantitative changes in the system trigger a non-linear change process that is driven by system-internal feedback mechanisms and inevitably leads to a qualitatively different state of the system, which is often irreversible."

Higher Resilience

Lower Resilience



Dablander et al. (2023)

Dablander (2020)

That's not new ...

- In the 1960s, René Thom developed catastrophe theory
 - Describes how (low-dimensional) systems can change suddenly
 - Popularized by Christopher Zeeman (<u>1976</u>), who applied it to everything
- There are a lot of key concepts in catastrophe theory:
 - Multiple stable states, critical slowing down, sudden jumps, hysteresis etc.
- However, proponents of catastrophe theory have pushed it too far
 - Catastrophe theory has been described as a great intellectual bubble
 - Zahler & Sussmann (<u>1977</u>) offer a prominent critique



... but it became popular again

Catastrophic shifts in ecosystems

Marten Scheffer*, Steve Carpenter†, Ju

* Department of Aquatic Ecology and Water († Center for Limnology, University of Wiscons ‡ Center for Sustainability and the Global En Wisconsin 53706, USA § Department of Sustaina Ecology and Control

§ Department of Systems Ecology and Centre || CSIRO Sustainable Ecosystems, GPO Box 2&

Early-warning signals for critical transitions

Marten Scheffer¹, Jordi Bascompte², William A. Brock³, Victor Brovkin⁵, Stephen R. Carpenter⁴, Vasilis Dakos¹,

Anticipating Critical Transitions

Marten Scheffer,^{1,2*} Stephen R. Carpenter,³ Timothy M. Lenton,⁴ Jordi Bascompte,⁵ William Brock,⁶ Vasilis Dakos,^{1,5} Johan van de Koppel,^{7,8} Ingrid A. van de Leemput,¹ Simon A. Levin,⁹ Egbert H. van Nes,¹ Mercedes Pascual,^{10,11} John Vandermeer¹⁰

Tipping points in complex systems may imply risks of unwanted collapse, but also opportunities for positive change. Our capacity to navigate such risks and opportunities can be boosted by combining emerging insights from two unconnected fields of research. One line of work is revealing fundamental architectural features that may cause ecological networks, financial markets, and other complex systems to have tipping points. Another field of research is uncovering generic empirical indicators of the proximity to such critical thresholds. Although sudden shifts in complex systems will inevitably continue to surprise us, work at the crossroads of these emerging fields offers new approaches for anticipating critical transitions.

Critical Transitions in Nature and Society



have tipping points at which ints before they are reached ic early-warning signals that

REVIEWS

Published: 11 October 2001

Catastrophic shifts in ecosystems

Marten Scheffer 🖂, Steve Carpenter, Jonathan A. Foley, Carl Folke & Brian Walker

Nature 413, 591–596 (2001) Cite this article 39k Accesses 4087 Citations 101 Altmetric

LETTER & Full Access

Rising variance: a leading indicator of ecological transition S. R. Carpenter 🔜, W. A. Brock

REPORT

Generic Indicators for Loss of Resilience Before a Tipping Point Leading to Population Collapse

Critical Transitions in Nature and Society **Early-warning signals for critical transitions** Marten Scheffer 🖂, Jordi Bascompte, William A. Brock, Victor Brovkin, Stephen R. Carpenter, Vasili Dakos, Hermann Held, Egbert H. van Nes, Max Rietkerk & George Sugihara Nature 461, 53–59 (2009) Cite this article Marten Scheffe

REVIEW

Anticipating Critical Transitions

Marten Scheffer^{1,2,*}, Stephen R. Carpenter³, Timothy M. Lenton⁴, Jordi Bascompte⁵, William Brock⁶, Vasilis Dakos^{1,5}, van de K REPORT

Vanderm Early Warnings of Regime Shifts: A Whole-Ecosystem Experiment

S. R. Carpenter^{1,*}, J. J. Cole², M. L. Pace³, R. Batt¹, W. A. Brock⁴, T. Cline¹, J. Coloso³, J. R. Hodgson⁵, J. F. Kitchell¹, D. A. Seekell³, L. Smith¹, B. Weidel¹

Published: 03 September 2009

Methods for Detecting Early Warnings of Critical Transitions in Time Series Illustrated Using Simulated **Ecological Data**

Vasilis Dakos^{1,2}*, Stephen R. Carpenter³, William A. Brock⁴, Aaron M. Ellison⁵, Vishwesha Guttal⁶,

Antho Early Warning Signals of Ecological Transitions: Methods for Spatial Patterns Quantifying resilience of humans and other animals

Sonia Kéfi^{1**}, Vishwesha Guttal^{2*}, William A. Brock^{3,4}, Stephen R. Carpenter Marten Scheffer^{a,1}, J. Elizabeth Bolhuis^b, Denny Borsboom^c, Timothy G. Buchman^d, Sanne M. W. Gijzel^{a,e}, Valerie N. Livina⁷, David A. Seekell⁸, Marten Scheffer⁹, Egbert H. van Nes⁹, ¹_{René} J. F. Melis^e, Egbert H. van Nes^a, L. Michael Romero¹, and Marcel G. M. Olde Rikkert^e

38k Accesses 2052 Citations 154 Altmetric Metrics

Published: 10 April 2013

Lei Dai^{1,*}, Daan Vorselen^{2,*}, Kirill S. Korolev¹, Jeff Gore^{1,†}

Slower recovery in space before collapse of connected populations

Lei Dai ⊠, Kirill S. Korolev & Jeff Gore ⊠

Nature 496, 355-358 (2013) Cite this article 12k Accesses | 118 Citations | 39 Altmetric | Metrics

Evaluating early-warning indicators of critical transitions in natural aquatic ecosystems

Alena Sonia Gsell^{a,b,1}, Ulrike Scharfenberger^{a,c}, Deniz Özkundakci^d, Annika Walters^e, Lars-Anders Hansson^f, Annette B. G. Janssen^{b,g}, Peeter Nõges^h, Philip C. Reid^{i,j,k}, Daniel E. Schindler^J, Ellen Van Donk^b, Vasilis Dakos^m, and Rita Adriana,

Turning back from the brink: Detecting an impending regime shift in time to avert it

Reinette Biggs^{a,1}, Stephen R. Carpenter^{a,2}, and William A. Brock¹



Published: 08 September 2010

Early warning signals of extinction in deteriorating environments Waiting time to infectious disease

Waiting time to infectious disease emergence

John M. Drake 🖂 & Blaine D. Griffen

Nature467, 456–459 (2010)Cite thiChristopher J. Dibble¹, Eamon B. O'Dea^{1,2}, Andrew W. Park^{1,2}5700 Accesses307 Citations40AltmetricMetrics

Transient indicators of tipping points in infectious diseases

Suzanne M. O'Regan^{1,†}, Eamon B. O'Dea^{2,3,†}, Pejman Rohani^{2,3,4} and John M. Drake^{2,3}

Estimating the distance to an epidemic threshold

Eamon B. O'Dea^{1,2}, Andrew W. Park^{3,4} and John M. Drake^{2,3}

Theory of early warning signals of disease emergence and leading indicators of elimination

Suzanne M. O'Regan · John M. Drake

PERSPECTIVE

The statistics of epidemic transitions

John M. Drake^{1,2*}, Tobias S. Brett^{1,2}, Shiyang Chen³, Bogdan I. Epureanu^{3,4}, Matthew J. Ferrari⁵, Éric Marty^{1,2}, Paige B. Miller^{1,2}, Eamon B. O'Dea^{1,2}, Suzanne M. O'Regan⁶, Andrew W. Park^{1,2}, Pejman Rohani^{1,2}

RESEARCH ARTICLE

Detecting critical slowing down in highdimensional epidemiological systems

Tobias Brett^{1,2}*, Marco Ajelli^{3,4}, Quan-Hui Liu^{3,5}, Mary G. Krauland⁶, John J. Grefenstette⁶, Willem G. van Panhuis^{7,8}, Alessandro Vespignani^{3,9}, John M. Drake^{1,2}, Pejman Rohani^{1,2,10}

Anticipating the emergence of infectious diseases

Tobias S. Brett^{1,2}, John M. Drake^{1,2} and Pejman Rohani^{1,2,3}

Early warning signals of malaria resurgence in Kericho, Kenya

Mallory J. Harris^{1,3}, Simon I. Hay^{4,5} and John M. Drake^{1,2}

RESEARCH ARTICLE

Anticipating epidemic transitions with imperfect data

Tobias S. Brett^{1,2}*, Eamon B. O'Dea^{1,2}, Éric Marty¹, Paige B. Miller^{1,2}, Andrew W. Park^{1,2,3}, John M. Drake^{1,2}, Pejman Rohani^{1,2,3}

RESEARCH ARTICLE

Dynamical footprints enable detection of disease emergence

Tobias S. Brett^{1,2}*, Pejman Rohani^{1,2,3}

Slowing Down of Recovery as Generic Risk Ma for Acute Severity Transitions in Chronic Disea:

Marcel G. M. Olde Rikkert, MD, PhD¹; Vasilis Dakos, PhD²; Timothy G. Buchman, PhD, MD Rob de Boer, PhD⁴; Leon Glass, PhD⁵; Angélique O. J. Cramer, PhD⁶; Simon Levin, PhD⁷; Egbert van Nes, PhD⁸; George Sugihara, PhD⁹; Michel D. Ferrari, MD, PhD¹⁰; Else A. Tolner, Ingrid van de Leemput, MSc⁸; Joep Lagro, MD, PhD¹¹; René Melis, MD, PhD¹; Marten Scheff

Critical Fluctuations as an Early-Warning Signal for Sudden Gains and Losses in Patients Receiving Psychotherapy for Mood Disorders

00

Merlijn Olthof¹, Fred Hasselman^{1,2}, Guido Strunk^{3,4,5},

RESEARCH ARTICLE

Critical slowing down as early warning for the onset and termination of depression

Ingrid A. van de Leemput^{a, 1,2}, Marieke Wichers^{b, 1}, Angélique O. J. Cramer^c, Denny Borsboom^c, Francis Tuerlinckx^d, Peter Kuppens^{d,e}, Egbert H. van Nes^a, Wolfgang Viechtbauer^b, Erik J. Giltay^f, Steven H. Aggen^g, Catherine Derom^{h,i}, Ineth S. Kendler^{g,k}, Han L. J. van der Maas^c, Michael C. Neale^g, Frenk Peeters^b, Evert Thiery^l,

Clinical Psychological Science 1–11 © The Author(s) 2019 © 0 0

Article reuse guidelines: sagepub.com/journals-permissia DOI: 10.1177/216770261986596 www.psychologicalscience.org/

¹ Marten Scheffer^a Measurement of Dynamical Resilience Indicators Improves the Prediction of Recovery Following Hospitalization in Older Adults

Sanne M.W. Gijzel MD^{a,b}, Jerrald Rector PhD^a, Fokke B. van Meulen PhD^a, Rolinka Schim van der Loeff MSc^a, Ingrid A. van de Leemput PhD^b, Marten Scheffer PhD^b, Marcel G.M. Olde Rikkert MD, PhD^a, René J.F. Melis MD, PhD^{a,*}

^a Department of Geriatrics, Radboud Institute for Health Sciences, Radboud University Medical Center, Nijmegen, the Netherlands ^b Department of Environmental Sciences, Wageningen University, Wageningen, the Netherlands

> Psychother Psychosom 2016;85:114–116 DOI: 10.1159/000441458

Critical Slowing Down as a Personalized Early Warning Signal for Depression

Early Warning Signals Based on Momentary Affect Dynamics can Expose Nearby Transitions in Depression: A Confirmatory Single-Subject Time-Series Study

Marieke Wichers, Arnout C. Smit, and Evelien Snippe

University of Groningen, University Medical Center Groningen (UMCG), Dept. of Psychiatry, Interdisciplinary Center Psychopathology and Emotion regulation (ICPE), Groningen, The Netherlands

Early warning signals in psychopathology: what do they tell?

Marieke J. Schreuder^{1*}, Catharina A. Hartman¹, Sandip V. George¹, Claudia Menne-Lothmann², Jeroen E

Bart P. F. Psychological Medicine

cambridge.org/psm

Invited Review

Cite this article: Wichers M, Schreuder MJ, Goekoop R, Groen RN (2018). Can we predict the direction of sudden shifts in symptoms? Transdiagnostic implications from a complex systems perspective on psychopathology. *Psychological Medicine* **49**, 380–387. https:// Can we predict the direction of sudden shifts in symptoms? Transdiagnostic implications from a complex systems perspective on psychopathology

Marieke Wichers¹, Marieke J. Schreuder¹, Rutger Goekoop² and Robin N. Groen¹

¹University of Groningen, University Medical Center Groningen, Department of Psychiatrie, Interdisciplinary Center Psychopathology and Emotion Regulation (ICPE), Groningen, The Netherlands and ²Department of Mood Disorders, Parnassia Group, PsyQ, The Hague, The Netherlands



Tipping elements in the Earth's climate system

Timothy M. Lenton*[†], Hermann Held[‡], Elmar Kriegler^{‡§}, Jim W. Hall[¶], Wolfgang Lucht[‡], Stefan Rahmstorf[‡], and Hans Joachim Schellnhuber^{†‡||}**

Slowing down as an early warning signal for abrupt climate change

Vasilis Dakos*, Marten Scheffer*[†], Egbert H. van Nes*, Victor Brovkin^{±5}, Vladimir Petoukhov[‡], and Hermann Held[‡]

ORIGINAL PAPER | Open Access | Published: 29 May 2013

Early warning signals of simulated Amazon rainforest dieback

Chris A. Boulton 2, Peter Good & Timothy M. Lenton

Theoretical Ecology 6, 373–384 (2013) | Cite this article 3510 Accesses | 24 Citations | 4 Altmetric | Metrics

The tipping points and early warning indicators for Pine Island Glacier, West Antarctica

Sebastian H. R. Rosier¹, Ronja Reese², Jonathan F. Donges^{2,3}, Jan De Rydt¹, G. Hilmar Gudmundsson¹, and Ricarda Winkelmann^{2,4}

Review Article | Published: 29 July 2021

Past abrupt changes, tipping points and cascading impacts in the Earth system

Victor Brovkin \boxtimes , Edward Brook, John W. Williams, Sebastian Bathiany, Timothy M. Lenton, Michael Barton, Robert M. DeConto, Jonathan F. Donges, Andrey Ganopolski, Jerry McManus, Summer Praetorius, Anne de Vernal, Ayako Abe-Ouchi, Hai Cheng, Martin Claussen, Michel Crucifix, Gilberto Gallopín, Virginia Iglesias, Darrell S. Kaufman, Thomas Kleinen, Fabrice Lambert, Sander van der Leeuw, Hannah Liddy, Marie-France Loutre, David McGee, Kira Rehfeld, Rachael Rhodes, Alistair W. R. Seddon, Martin H. Trauth, Lilian Vanderveken & Zicheng Yu -Show fewer authors

Published: 19 June 2011

Early warning of climate tipping points

Timothy M. Lenton 🖂

Nature Climate Change1, 201–209 (2011)Cite this article6849Accesses365Citations130AltmetricMetrics

Open Access Published: 08 December 2014

Early warning signals of Atlantic Meridional Overturning Circulation collapse in a fully coupled climate model

Chris A. Boulton ⊡, Lesley C. Allison & Timothy M. Lenton

Nature Communications5, Article number: 5752 (2014)Cite this article9679Accesses33Citations136AltmetricMetrics

Article | Published: 05 August 2021

Observation-based early-warning signals for a collapse of the Atlantic Meridional Overturning Circulation

Niklas Boers 🖂

Nature Climate Change 11, 680–688 (2021) Cite this article 6416 Accesses 4531 Altmetric Metrics

RESEARCH ARTICLE

Critical slowing down suggests that the western Greenland Ice Sheet is close to a tipping point

D Niklas Boers and D Martin Rypdal



© 2022 American Psychological Association ISSN: 1082-989X

Psychological Methods

2023, Vol. 28, No. 4, 765–790 https://doi.org/10.1037/met0000450

Anticipating Critical Transitions in Psychological Systems Using Early Warning Signals: Theoretical and Practical Considerations

Fabian Dablander¹, Anton Pichler^{2, 3}, Arta Cika⁴, and Andrea Bacilieri^{2, 5}
¹ Department of Psychological Methods, University of Amsterdam
² Institute for New Economic Thinking at the Oxford Martin School, University of Oxford
³ Complexity Science Hub Vienna, Vienna, Austria
⁴ Department of Engineering Science, University of Oxford
⁵ Smith School of Enterprise and Environment, University of Oxford

Theoretical considerations

EWS without critical transitions	Critical transitions without EWS
EWS can occur prior to smooth transitions between stable states (Drake & Griffen, 2010; Kéfi et al., 2013).	Strong external perturbations can lead to transitions without EWS (Ditlevsen & Johnsen, 2010; van Nes et al., 2016).
EWS can occur when there is no transition (e.g., Wagner & Eisenman, 2015).	EWS may not occur prior to critical transitions in systems with nonsmooth potentials (Hastings & Wysham, 2010).
	Not all variables in a system generally express EWS equally strongly or at all (Boerlijst et al., 2013; Patterson et al., 2021).
	EWS may not occur under correlated or extrinsic noise (Dakos, van Nes, et al., 2012; O'Regan & Burton, 2018; Qin & Tang, 2018).

EWS prior to non-catastrophic transitions



Kefi et al. (2013)

EWS not in all variables

- Not all variables express critical slowing down equally strongly or at all
- Boerlijst et al. (2013) study a staged predator-prey system
 - Predator preys on adult prey but not on juvenile prey
 - $\mu \sim 0.553$ is the bifurcation point for which the predators collapse



Patterson et al. (2021)

Interim conclusion II

- To use EWS sensibly, we need to have a good understanding of the system
 - Some vague references to "complex systems" will not do
- Finding that EWS rise **does not** mean that a tipping point is near
 - Need independent evidence of a tipping point, then EWS potentially useful



Boettiger, Ross, & Hastings (2013)

Practical considerations

EWS performance in simulation

- EWS as online-monitoring tool for systems
 - Signal potential bad transition → intervene to prevent transition
 - Signal potential good transition → intervene to bring about transition
- Difficult statistical challenge!
 - Need to correctly estimate increasing EWS (stationarity violation)
 - Need to adequately test increase against baseline (not all EWS)



EWS performance in simulation

Early Warning Indicator	Source
Autocorrelation and Variance	Scheffer et al. (2009)
Skewness and Kurtosis	Guttal and Jayaprakash (2008)
Cross-correlation	Dakos et al. (2010)
Dominant eigenvalue of covariance matrix	Chen et al. (2019)
Spatial-Variance, Spatial-Kurtosis,	Kéfi et al. (2014)
and Spatial-Skewness	
Parameter	Values
Uncontrollable	
Noise intensity σ_{ε}	4, 6, 8, 10
Transition Period	10, 25, 50 days
Controllable	
Sampling Frequency	1x, 5x, 10x per day
Baseline	25, 50, 100 days
Rolling Window Size	10, 25, 50 days

EWS performance in simulation







Interim conclusion II

Article Open access Published: 01 December 2023

Early warning signals have limited applicability to empirical lake data

Duncan A. O'Brien [™], Smita Deb, Gideon Gal, Stephen J. Thackeray, Partha S. Dutta, Shin-ichiro S. Matsuzaki, Linda May & Christopher F. Clements

Nature Communications 14, Article number: 7942 (2023) Cite this article

- Even if tipping points exist, using EWS successfully is very difficult
 - Extent of noise and sampling frequency huge impact on performance
 - Time to transition, extent of baseline, decision threshold, ...
 - Caveat: type of system



Overlapping timescales obscure early warning signals of the second COVID-19 wave

Fabian Dablander¹, Hans Heesterbeek², Denny Borsboom¹ and John M. Drake^{3,4}

¹Department of Psychological Methods, University of Amsterdam, Amsterdam, The Netherlands ²Department of Population Health Sciences, Utrecht University, Utrecht, The Netherlands ³Odum School of Ecology, and ⁴Center for the Ecology of Infectious Diseases, University of Georgia, Athens, GA, USA

(D) FD, 0000-0003-2650-6491; JMD, 0000-0003-4646-1235

Ahead of the curve

- O'Regan & Drake (<u>2013</u>)
 - Critical slowing down occurs in the basic SIS and SIR compartmental models
- O'Dea et al. (<u>2018</u>)
 - In a SIR model, the autocorrelation of the number of infected provides a better estimate of the distance to the epidemic threshold than the autocorrelation of the number of susceptibles
- Brett et al. (2018)
 - Case reports are lagging behind; deaths lag behind substantially
 - Estimating *Rt* is extremely difficult
 - Several early warning indicators robust to reporting errors and aggregation in anticipating epidemic transitions
- Brett et al. (<u>2020</u>)
 - Critical slowing down occurs in high-dimensional models







Abbott et al. (2020); Gostic et al. (2020)



Abbott et al. (2020); Gostic et al. (2020)





Reported and estimated COVID-19 cases in Europe











Interim conclusion III

- Indicators did not reliably rise prior to the 2nd COVID-19 wave
 - In fact, they tended to *decrease* rather than *increase*
 - This is due to the persistent transient of the first wave
 - Assumption of slow forcing critical
- Theoretical understanding helped to make sense of "peculiar" patterns
- Even if indicators would reliably rise, many practical challenges remain
- For details, see Dablander, Heesterbeek, Borsboom, & Drake (2022)

Conclusion I

- Allure of generic early warning signals may have led some fields astray (again)
- Successfully applying EWS in practice requires a good understanding of the system
 - Type of bifurcation, linear / nonlinear driver, timescales, measurement, system components, type of noise, ...
 - Dampen enthusiasm for "softer" sciences and social tipping points

Conclusion II

Article Open access Published: 01 December 2023

Early warning signals have limited applicability to empirical lake data

Duncan A. O'Brien [™], Smita Deb, Gideon Gal, Stephen J. Thackeray, Partha S. Dutta, Shin-ichiro S. Matsuzaki, Linda May & Christopher F. Clements

Nature Communications 14, Article number: 7942 (2023) Cite this article

- Even with a good understanding, statistical challenges remain tough
 - Distinguish the bifurcation type promising (Bury et al, Grziwotz et al)
 - Move towards more general prediction tools? (Boettiger & Hastings, 2013)
- Lots of EWS research but remains mostly an "intellectual" exercise?

Thank you!